

# Exploring the Promotion and Integration of Tujia Ethnic Group's "Meat Continuation" in Kindergarten Education

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**Abstract:** *To achieve true popularization, we have explored the promotion and integration of Tujia's "meat continuous sound" in kindergartens. I hope to take this opportunity to learn from experience and summarize methods, so that traditional folk culture can be more effectively promoted and integrated in kindergarten education. Enable the widespread promotion of folk culture among preschool children. So how to effectively promote and integrate folk culture in kindergarten education, we want to do some research on this. After searching for domestic and foreign literature, we found that there is very little research on this type of research, and there is very large research space. After multiple investigations, it was found that a kindergarten we collaborated with is promoting the Tujia dance "Meat Lianxiang". Therefore, we would like to conduct systematic research on the basis of the promotion of "Meat Lianxiang" in Lichuan Xinyi Kindergarten, so that traditional folk culture can be more effectively promoted and integrated in kindergarten education. The Ewenki people are devout followers of shamanism, and the "Er" is also full of corresponding religious colors. on the issue of the authenticity of life, the Evenki people believe that the soul exists apart from the body, so after death, the soul also has its own destination, either ascending to the sky, returning to the mountain, or entering the earth. "For the people of this tribe, death is just a change of life. Death is the beginning of another life, so they regard death as sacred and solemn. "*

**Keywords:** Tujia "Meat Continuation"; Folk culture; kindergarten; Promotion and integration.

## 1. INTRODUCTION

The "meat continuous sound" was born in Lichuan City, Hubei Province, and is widely spread in places such as Duting, Nanping, and Baiyang. It is a popular form of entertainment among the Tujia people that combines dance and sports. It is mainly manifested by rhythmic tapping of the palm on the forehead, shoulders, cheeks, arms, elbows, waist, legs, and other parts to make sounds, known as the "meat continuous sound". "It is precisely because of my incomparable love for nature that I have had countless emotions and reverie in my life, relying on them to support my art world. "[1] "My novels are inseparable from the care of nature, without it I would have a bad word. "[2] in "Er", Chi Zijian described the majestic natural landscape of the Sino-Russian border in northeastern China: the Ergun River is 970 kilometers long, along the river. the landforms of the basin are varied, and the meadows, grasslands, beaches, swamps, mountains, forests, and snow-capped peaks are all amazing. the Ewenki were born and raised in Sri Lanka, and such magnificent and beautiful landscapes have become the natural background for their survival.

The term 'Roulianxiang' was also known as 'Roulianxiang' before, and was named after its movements that were similar to the traditional dance 'Da Lianxiang'. Later, due to its manifestation of making different sounds by tapping the body with its hands, it was renamed as "flesh continuous sound". This dance is performed regardless of time or season. In spring, summer, autumn, and winter, only a pair of shorts and straw are worn for performance, and there is no need for instrument accompaniment. It uses the sound of hitting the body with both hands as the rhythm to produce a neat and crisp popping sound. The dance of 'meat continuous sound' is highly entertaining, with rough and humorous movements, and is deeply loved by the masses.

## 2. RESEARCH ON THE PROMOTION AND INTEGRATION OF FOLK CULTURE IN KINDERGARTENS

In February 2014, published by Zhejiang Business University Press, Chen Huawen systematically studied and introduced the ontology theory and thematic content of folk culture in his book "Folk Culture Studies (New Edition)". The book presents its own views on classification and research methods; Proposed The fundamental understanding of the fundamental issue of folk culture as a unique way of life is presented. The characteristics and functions of folk culture are distinguished and summarized. Concepts and theoretical issues such as the

dissemination paradigm, cultural circle, and interpretation of folk culture are proposed, establishing the basic framework and preliminary system of China's folk culture studies. Li Shanze from Southwest Normal University proposed that "preschool education should attach importance to the excellent traditional culture of the Chinese nation and take folk games as the starting point", elaborating on children's inherent needs for folk games; And the locality, liveliness, fun, randomness of folk games. The advantage of simplicity. With the proposal of "traditional culture entering the campus", the educational value of folk culture is constantly being explored, and people are also paying more and more attention to the development and utilization of this educational resource. Wang Yating (2019) proposed that infiltrating the excellent traditional culture of the nation and local region into young children and conducting local education is a way to inherit folk culture, while also cultivating children's love for their hometown and enriching kindergarten based curriculum.

### **3. BASIC INFORMATION ON THE PROMOTION AND INTEGRATION OF THE INHERITORS OF "MEAT CHAIN" IN KINDERGARTENS**

Lichuan's "Meat Continuation" was listed in the second batch of national intangible cultural heritage list announced by the government in June 2008. As the inheritor, Liu Shouhong also constructed a six in+inheritance model tailored to local conditions at this time. Six in means entering the campus, police camp, scenic area, government agencies, community, and village. At the same time, the Lichuan Xinyi Kindergarten he founded is his inheritance base. In the promotion of "Meat Lian Xiang", he created a simplified version of "Meat Lian Xiang" for the children of Xinyi Kindergarten, which not only exercises their bodies, but also helps them improve their health, We have also promoted the concept of 'Meat Chain'. The religious beliefs in "Er" make the myths spread. One after another, ancient and mysterious legends depict the picture of the Evenki people's spiritual cognition, and the exposition of life and death in it has left a mark on the life consciousness of the Ewenki people from generation to generation. One of the widely circulated myths about the origins of tribes is poetically told in the "Er": "In the upper reaches of the Lena River, there is a Lamu Lake,.. around Lamu Lake, are tall and straight mountains., Our ancestor, an Evenki with long braids, lived there. "[4] the prototype of this myth is that the ancestor with long braids combined with the snake tribe, and later gave birth to children, and they multiplied from generation to generation to form the Evenki. In addition, the "Er" also records the myth of the gods: "The bear's previous life was a human being, and it was only because he committed a crime that God turned it into a beast and walked on four legs. But sometimes, it can still do in their life consciousness, everything in the world originates from the gods, and birth, aging, sickness and death are also controlled by the gods. For human beings, life is born in nature and belongs to nature. the existence of life is a natural process like the blossoming and falling of flowers, and there is no special meaning. Therefore, there is no pursuit of the maximum realization of personal value (this is modern commonly sought).

### **4. VISIT THE LICHUAN "MEAT CHAIN" INHERITANCE BASE AND LICHUAN XINYI KINDERGARTEN FOR DISCUSSION AND LEARNING**

After a month and a half of searching, organizing, and discussing together, we organized a bunch of questions and went to Lichuan with curiosity and excitement. Go to the inheritance base of "Meat Chain" for on-site learning and research. We arrived at Lichuan Xinyi Kindergarten and, under the leadership of Teacher Liu Shouhong, the inheritor of "Meat Lianxiang", gained a deeper and more intuitive understanding of its development and promotion, especially in kindergarten. We also learned to dance with Teacher Liu Shouhong and felt its charm. During the visit, we learned that Teacher Liu has promoted "Meat Chain" through various platforms, especially gaining a deeper understanding of the inheritance model of "Six in+" and seeing some results of promotion; In the discussion, he also expressed his desire to effectively integrate "meat connected sound" with kindergarten education in kindergarten. At present, what he is doing is to try to integrate "meat connected sound" into kindergarten activities as much as possible, such as children's morning exercises; I want to promote in the early childhood stage to The concept of 'meat connected sound' is rooted in the hearts of children, and we also want them to love 'meat connected sound' from a young age, in order to achieve promotion and inheritance.

At present, the promotion has achieved certain results, but the method is relatively single and the degree of integration is not high, which may be due to the lack of some kindergarten education theories as support. After the discussion, we gradually had some ideological collisions during the conversation, and we have some clear ideas on how to more effectively promote and integrate the "meat chain" in kindergarten education.

For example, in the five major areas of education activities in kindergarten, we can approach them from different

perspectives

Starting from various aspects such as the development history, movement characteristics, clothing characteristics, sports and fitness characteristics, and music rhythm characteristics of "meat continuous sound", we have designed educational activities in the five major fields of kindergarten. We have conducted certain discussions in each of these five fields, planned to form courses in the later stage, and conducted experiments and promotions. We hope that this can help children integrate more diversified ethnic culture into their daily lives, and play a role in promoting and inheriting them, Let young children no longer just know that it is a dance, no longer just know how to dance. Let them understand that it can be understood through various means such as language, rhythmic exercises, painting, games, performances, etc. to understand its culture, history, clothing characteristics, etc., so that they can use more ways to understand and express it. As mentioned in the art field of wine and meat, it is necessary to guide and inspire young children to discover and appreciate beauty, and more importantly, to exercise their ability to express and create beauty. Only in this way can children truly achieve the inheritance and promotion of folk culture, and also enable our folk culture to truly integrate into kindergarten life and learning.

At a deeper level, for Teacher Liu, this is also a good topic for doing kindergarten based courses, which can be used as a theme to explore the development of kindergarten based courses. Liu Fen, an affiliated kindergarten of Rugao Foreign Language School in Jiangsu Province, conducted a class based study on the course "Excellent Folk Culture I Know" in the "Practice Exploration of Class-based Kindergarten Folk Curriculum". They will choose some folk stories that are suitable for young children to read, allowing them to listen, watch, speak, play, and other forms of learning. By learning and experiencing the folk culture conveyed in stories, consciously integrating folk culture education into the environment around young children, we can draw inspiration from this. In Xinyi Kindergarten, we can use the development history of "meat reverberation" to create picture albums and hang them in the halls and corridors of the kindergarten, where young children can easily browse them; Using manual placement of materials to guide young children to create clothing with the characteristic of "meat banging" for dolls, etc... This way, children's learning and understanding of "meat banging" is not limited to a few movements, but also becomes interested in various forms of activities, which further stimulates children's interest and exploration of folk culture.

## 5. CONCLUSION

In the development of kindergarten based courses, we can achieve campus cooperation and promote curriculum research in both directions. Conversely, for our school's teaching, we can also invite Teacher Liu to offer characteristic courses for our students.

At present, there is a certain literature foundation for the research on "meat chain", but when searching for "kindergarten" in parallel, the results show zero. At present, it is still an unresolved issue to scientifically and appropriately carry out traditional folk culture education in kindergartens, taking "meat continuous sound" as an example. This also indicates that the practical activity we have chosen has great research value. We will take this social practice as the starting point and embark on the research path of promoting and integrating folk culture in kindergarten education.

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